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SELF-CARE REFORM: HOW TO DISCOVER YOUR OWN PATH TO GOOD HEALTH



Createspace, United States, 2013. Paperback Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.IT S UP TO YOU AMERICA! OUR HEALTH-CARE SYSTEM IS A MESS. Costs are spiraling out of control and Americans keep getting sicker and sicker. Cardiovascular disease. Hypertension. Cancer. Obesity. Depression. What s a country to do? Well the answers are t in Washington or in a pill bottle. The answer is within yourself. SELF-CARE REFORM asks questions...

Read PDF Self-Care Reform: How to Discover Your Own Path to Good Health

- Authored by Cscs Cwc Rusty Gregory MS
- Released at 2013



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