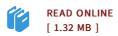




Year Book of Sports Medicine 2013 (Hardback)

By Roy J. Shephard

Elsevier - Health Sciences Division, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book. The Year Book of Sports Medicine brings you abstracts of articles carefully selected from more than 500 journals worldwide. Expert commentaries evaluate the clinical importance of each article and discuss its application to your practice. Editor-in-Chief Roy Shephard states: . . . Not only does a team of top international experts select the very best articles from a bewildering plethora of recent information, but their expert critique of the individual papers allows readers to weigh their limitations and understand findings that can enhance their current medical practice. There s no faster or easier way to stay informed! Topics include Epidemiology, Prevention of Injuries, Lesions of Head and Neck; Musculoskeletal Injuries; Biomechanics, Muscle Strength, and Training; Physical Activity, Cardiorespiratory Physiology, and Immune Function; Nutrition and Doping; and Special Considerations: Children, Women, the Elderly, and Special Populations. The chief and associate editors of the book are highly knowledgeable scientific experts on this topic. Expert commentaries from the editors evaluate the clinical importance of each article and discuss its application to sports medicine practice. Reviewed by: Ufuk Sekir, Topics Division of Uludag University Topics in Province of Expert Commentaries.



Reviews

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