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FOOD DIARY: FOOD JOURNAL / LOG / DIET PLANNER WITH CALORIE COUNTER (SOFTBACK * 100 SPACIOUS DAILY RECORD PAGES MORE * VINTAGE) (PAPERBACK)



Createspace Independent Publishing Platform, 2016. Paperback Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Large 8 x 10 Softback Food Diary / Journal [\$5.50 / 3.99]. IF LOOK INSIDE ISN T LOADING use the blue smART bookx link above to look on our website. BOOK INTERIOR: 100 attractive daily records. There s a spacious table to log each item eaten along with its weight, protein, fat, carbohydrate calories. (This table has white grid lines which Look..

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- Authored by Smart Bookx
- Released at 2016



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Reviews

This is the very best publication we have read through right up until now. It is one of the most incredible book we have read through. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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Great electronic book and useful one. It can be written in straightforward terms rather than difficult to understand. Once you begin to read the book, it is extremely difficult to leave it before concluding.

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