



The Game of Hand Ball and How to Play It (Classic Reprint)

By Maurice W. Deshong

Forgotten Books. Paperback. Condition: New. This item is printed on demand. 46 pages. Dimensions: 9.0in. x 6.0in. x 0.1in. Excerpt from The Game of Hand Ball and How to Play It Although the game of handball is generally conceded to be of Irish origin, and has been played with more or less fervor throughout the little green isle for a century at least, the invigorating pastime has, within a very recent date, become a great favorite with the lovers of sport in America, and is fast being incorporated as a regular athletic exercise at all of our prominent clubs and educational institutions. The cause of its increasing popularity is easily explained. While it requires time, patience, and considerable skill before the game can be fully mastered, the method is so simple and the rules so easy to comprehend that even the beginner feels himself thoroughly at home in the court. As a healthful and exhilarating exercise there is no game extant that develops a persons physical quality so well as handball. The best evidence of this is the splendid condition of those who are now regular patrons of the game. It calls into play every muscle in the body, will tend to...



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