



Mental Health Tips for the Zombie Apocalypse: A Workbook (Paperback)

By Shaun Phelps

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Dominique Divine (illustrator). Workbook. Language: English . Brand New Book ***** Print on Demand *****. I read this book late at night after everyone else was in bed and I almost injured myself trying not to laugh too loudly. Even though I narrowly avoided a trip to the ER I enjoyed this workbook immensely and it is definitely a book that I will get in the dead tree version as well. Shaun Phelps has a real winner in this book not only does it have helpful tips it is also hilariously funny. After reading this book and my hands on experience I feel like a mental health expert so hurry and grab your copy today. -Rosa Thomas-McBroom There has been a great deal of thought as to how to prepare oneself for a zombie apocalypse: Gather ammunition, food, find a safe and secure facility, etc. We have seen it time and time again on the movie screen and in books. The best intentioned characters and air-tight security strongholds appear impenetrable at first glance, but by the end of the story something has gone tragically awry. There is a common theme...



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