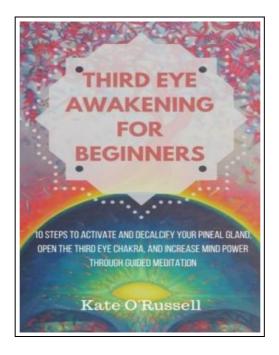
## Third Eye Awakening for Beginners: 10 Steps to Activate and Decalcify Your Pineal Gland, Open the Third Eye Chakra, and Increase Mind Power Through Guided Meditation (Paperback)



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Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. For ages, humans have pondered the meaning of life, and their purpose here on this Earth. While no single answer to this question exists, we do know that we are each individually connected to the energies of the universe. The state of our lives is highly dependent on how we utilize that energy, and how well we understand our inner selves and our connection to the bigger picture. Becoming more enlightened and aware of our place in the universe, the alignment of our individual energy and the careful emission of positive energy into the system is responsible for our wellness outcomes. Learning how our individual energy works and making adjustments where necessary can make exponentially great changes in the trajectory of our existence. A life full of stress, misfortune, and bad luck can quickly be relieved by listening to your inner self, the intuition, the third eye, within you. Learn to harness the power within to make positive changes to your circumstances. This requires a great deal of focus, mental prowess, and commitment, but it can be done. Key Concepts Discussed in This Book: What is the Third Eye?How to awaken your third eyeGain wisdom and clarity from your divine selfUse chakra meditation for spiritual healingClear your body of negative energyTrain your mind to invest in positive thoughtsLower stress levels and reduce anxietyTrusting your intuition And so much more. Now is a great time to live the life you have always wanted. This will be achieved through the mental and physical adjustments outlined in this book. Don t wait to receive energy from the universe, it is yours for the taking! --- Get your copy of Third Eye Awakening for Beginners...

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