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## POLES APART



Chipmunka Publishing. Paperback. Book Condition: New. Paperback. 148 pages. Dimensions: 8.0in. x 4.7 in x 0.5 in Description Poles Apart tells the story of how suffering from severe mental health problems since the age of 17 nearly destroyed Michelle. But now, strangely, when she looks back at her life she feels it has made her stronger. It took ten years before she was diagnosed with Bi-polar disorder. Her low episodes were caused by very excessive stress in the workplace as a personal assistant...

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- Authored by M McMeekin
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### Reviews

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This book may be worth buying. I have read and i am confident that i am going to planning to go through once more once again in the future. Its been written in an exceptionally easy way and it is simply soon after i finished reading this publication in which actually altered me, modify the way i believe.

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