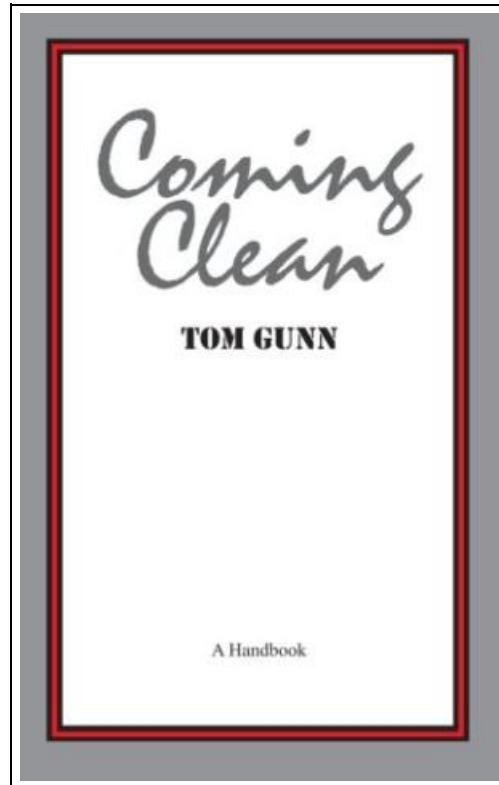


Coming Clean: A Handbook



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Reviews

This is basically the very best book i have read right up until now. It is definitely simplistic but excitement in the 50 % from the ebook. Your daily life period will likely be transform as soon as you total reading this article pdf.
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COMING CLEAN: A HANDBOOK



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Createspace, United States, 2010. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****. If you think you have a drinking problem, you probably do. If you think you can handle it without any outside help, you re probably wrong. In fact, I ll bet you ve tried. And still have a problem. Thus begins Tom Gunn s Coming Clean, a handbook disguised as a memoir, a small book with a big message, a book that cuts through the excuses and puts a spotlight on the path to recovery. In this, Gunn is an expert-a well-practiced substance abuser from the age of fifteen who spent more than twenty years living in a self-induced fog before confronting his disease. He s been sober now for almost thirty years and has stories to tell. While readers will learn something about Tom Gunn, they will learn more about themselves Gunn, trained as a lawyer, became a super-salesman and served as head of international sales for one of the world s largest aerospace companies and as president of a helicopter company. For too many years, he avoided getting straight and thought he was doing just fine. As he writes, I always was very good at my job in spite of the fact that I was using. After I came clean, I was very good at my job. I always thought that booze and pills made me super creative, helping me write speeches and position papers and marketing plans and I was on top of the world! Truth was, I was very good at faking it. Call it, style over substance. It was not until I got sober that I learned how creative I really could be. Advance praise for Coming Clean: In more than three...



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