



## The Lost Soul Companion (Paperback)

By Susan Brackney

Bantam Doubleday Dell Publishing Group Inc, United States, 2001. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The ultimate survival guide for starving artists, writers, performers -- and anyone whose dreams can't be contained by an office cubicle. Filled with down-to-earth advice and sustenance for your most far-flung dreams, The Lost Soul Companion is the perfect guide for anyone grappling with the darker side of creativity. A source of support when your day job gets you down, a refreshing reservoir of humor when you're knee-deep in rejection slips, this remarkable little book offers both inspiration and compassion, plus surefire strategies for surviving in what can sometimes seem like a world of meanies. From the anti-procrastination chopstick plan, to the importance of staying well nourished (toaster-oven-snack recipes included), The Lost Soul Companion will speak to anyone with big dreams and creative spirit who nonetheless finds it tough some days just to get out of bed.

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