



The Five Lessons Of Life (Paperback)

By Bill Adams

Ebury Publishing, United Kingdom, 2000. Paperback. Condition: New. Third and Revis. Language: English . Brand New Book. An inspiring, beautifully written, true story, this extraordinary book is the account of how the author, Bill Adams, went walking in the Himalayas where he met a mysterious local man of the mountains who gradually imparted his five Lessons of Life , before disappearing. These lessons concern how to know yourself better, how to fulfil your needs, how to become more effective in everything you do, how to deal with problems, and guidance on your behaviour with others. After searching for and despairing of ever finding the man again, Adams is visited in New Delhi by a computer engineer who, by an extraordinary coincidence, brings a message from the guru, a message Adams cannot refuse: it is now time to share the Five Lessons of Life.



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