

How to stop overeating and feel normal and in control around food

SAY GOODBYE TO COMFORT EATING, TREATING YOURSELF, BINGEING AND CRAVINGS

Sophie Boss and Audrey Boss

Authors of Beyond Chocolate

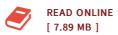


Beyond Temptation: How to stop overeating and feel normal and in control around food

By Boss, Sophie, Boss, Audrey

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