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Conscious States (Bw): The Aim Model of Waking, Sleeping, and Dreaming (Paperback)

By Director of the Neurophysiology and Sleep Laboratory and Professor of Psychiatry J Allan Hobson

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book advances Dr. Hobson s AIM (Activation-Input-output gating, Modulation) model of waking, sleeping, and dreaming consciousness. It builds upon Hobson and Robert W. McCarley s activation-synthesis neurophysiological model of dream generation and connects with Karl J. Friston s model of brain function based on free-energy minimization. ----- Foreword Consciousness has been called the last scientific frontier. Neurobiology considers this frontier to have been reached and has begun to study it via the selective analysis of consciousness components. This book uses neurobiology to examine how all of these psychological components are tied together physiologically as the states of waking, sleeping, and dreaming. Having established the scientific validity of identification and differentiation of the physiological states, their psychological features are defined and measured. This establishes the correlation between physiology and psychology. In this book, emphasis is placed upon the correlation of dream psychology with REM sleep physiology compared with the correlation of psychology with the physiology of waking. Because this is a very novel and very preliminary effort, the correlations sought and demonstrated are necessarily formal. This contrasts with the content analytic approach,...



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