Banana Smoothies for Diabetics: Over 35 Banana Smoothies for Diabetics, Quick Easy Gluten Free Low Cholesterol Whole Foods Blender Recipes Full of Antioxidants Phytochemicals (Paperback)

By Don Orwell

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.How Can You Go Wrong With 100 Superfoods Smoothies? Banana Smoothies for Diabetics - 1st edition, contains over 35 Banana Smoothie recipes created with 100 Superfoods ingredients. No soy milk, no cows milk, no artificial flavors, only 100 natural Superfoods that deliver astonishing amounts of antioxidants, essential fatty acids (like omega-3), minerals, vitamins, and more. Superfoods Fruits in these Smoothies are carefully selected for Diabetics with diabetes type-2. More than 90 of recipes are Vegan. Superfoods are foods and the medicine and they offer tremendous dietary and healing potential. Superfoods slow aging, boost immunity, energize and detoxify. Would You Like To Know More? Download and start getting healthier today. Scroll to the top of the page and select the buy button.



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