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THE WEIGHT AGENCY METHOD: EXCEL YOUR WAY TO WEIGHT-LOSS SUCCESS!



Createspace, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excel Your Way to Weight-Loss Success! How you got fat How to lose the fat How to keep the fat off This is the last book you will ever need on losing weight and is a companion to a Microsoft Excel(r) spreadsheet for tracking progress. It is short and to the point, appealing to the no-nonsense person-especially the...

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- Authored by Bobbie Piety
- Released at 2011



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