



## Iron Skillet Man: The Stark Truth about Pepper and Pots

By Hallee Bridgeman

House of Bread Books, United States, 2014. Paperback. Book Condition: New. Debi Warford (illustrator). 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.It s a bird! It s a plane! It s a cookbook! Move over men of steel! Make room mutants, aliens, and chemically or radioactively enhanced rescuers! Prepare to assemble your spatulas and get your Flame on! while the heroic Hallee the Homemaker (whose secret identity is Christian author and blogger Hallee Bridgeman) swings into action and shows her mettle with her third title in the Hallee s Galley parody cookbook series. Is your skillet-sense starting to tingle? Don t start crawling the walls, worthy citizen. Hallee constructs comic fun, jabbing at the cultural obsession with super powered heroes and villains. Along the way, readers will thrill to action packed explanations, daring do it yourself techniques, tremendous tips, and lots of real food/whole food recipes that achieve truly heroic heights. Ironically, while just a mild mannered cookbook by day, wrapped in a parody and surrounded by a comedy by night - the recipes are absolutely real and within the grasp of ordinary beings. Along with revealing the stark truth about pepper and...



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