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ROCK THE BOAT When the use conflict to Heal and Deepen Your Relationship Resmaa Menakem, MSW, LICSW

ROCK THE BOAT: HOW TO USE CONFLICT TO HEAL AND DEEPEN YOUR RELATIONSHIP

Hazelden Information & Educational Services. Paperback Book Condition: new. BRAND NEW, Rock the Boat: How to Use Conflict to Heal and Deepen Your Relationship, Resmaa Menakem, An honest look at what really works to bring more intimacy and deeper trust into your relationship. Couples therapist Resmaa Menakem challenges couples not to avoid conflict, but to rock the boat! The emotional transformation that results can forge a greater, more mature intimacy; a deeper trust; and a stronger bond. Conflict is a...

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- Authored by Resmaa Menakem
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