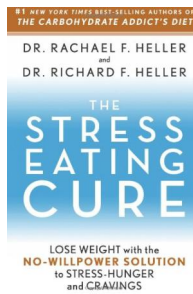


## The Stress-Eating Cure: Lose Weight with the No-Willpower Solution to Stress-Hunger and Cravings



### Book Review

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