



## Beyond Measure: Rescuing an Overscheduled, Overtested, Underestimated Generation (Hardback)

By Vicki Abeles

SIMON SCHUSTER, United States, 2015. Hardback. Book Condition: New. 231 x 160 mm. Language: English . Brand New Book. From the director of Race to Nowhere, the popular 2010 documentary on our education system that has become a long-running grassroots phenomenon, and a new film, Beyond Measure, comes a groundbreaking book for parents, students, and educators on how to revolutionize learning, prioritize children's health, and re-envision success for a lifetime. From kindergarteners to high-schoolers, millions of American students are being pressured to perform in ways that make them less intellectually flexible, creative, and responsive to today's world. In Race to Nowhere, Vicki Abeles identified a widespread problem in our nation's schools: as students race against each other to have constantly higher grades, better test scores, and more AP courses than their classmates, they are irreparably damaging their mental and physical health. Now Abeles taps into this same grassroots community across the nation to find the solutions in Beyond Measure, which publishes simultaneously with the release of her new documentary. Pulling from powerful anecdotes and convincing new research, Abeles presents inspirational, quantifiable success stories and shows how anyone—students, parents, and educators—can effect change. Teachers who cut...



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