



Recipes for the Endometriosis Diet

By Carolyn Levett

Endo Resolved. Paperback. Condition: New. 168 pages. Dimensions: 10.9in. x 8.1in. x 0.5in. As a former sufferer of endometriosis, following a regime with natural treatments and healthy diet the author was able to recover from endometriosis. This was proven by her surgeon who stated there was no live endometriosis. This diet and recipe book has been written to assist other women to reduce their symptoms of endometriosis and improve their overall health. The book provides a comprehensive diet resource with over 240 recipes - all researched and compiled to provide a safe and healing diet. The introduction includes a detailed description of the key foods that need to be eliminated from the diet with clear explanations why. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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