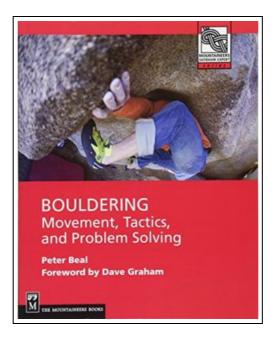
Bouldering Movement, Tactics, and Problem Solving Moes Mountaineers Outdoor Expert



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BOULDERING MOVEMENT, TACTICS, AND PROBLEM SOLVING MOES MOUNTAINEERS OUTDOOR EXPERT



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Mountaineers Books. Paperback. Condition: New. 224 pages. Dimensions: 8.4in. x 6.7in. x 0.7in.Youll solve bouldering problems like a pro with A-to-Z advice on getting it done with style. Includes technical photographs, charts, and illustrations. Contributing photography and advice from Dave Graham, Daniel Woods, Jamie Emerson, and many others. Appendix highlights top bouldering destinations all over the world. The latest addition to the Mountaineers Outdoor Expert Series, BOULDERING: MOVEMENT, TACTICS, AND PROBLEM SOLVING demonstrates not just the basics of how to boulder, but also how to get better at it and take it to the next level. Whether youre a beginning climber who just started at the local gym, a competitive sport climber looking for a new challenge, or an aging alpinist who needs to take a season off from high-altitude, this guidebook offers something for everyone pursuing the art of bouldering: gear, movement, tactics, training, injury prevention, competitions, and more. Contributing photography and insights come from climbers such as Dave Graham, Jamie Emerson, Paul Robinson, Chris Schulte, Daniel Woods, Ty Landman, and many others, and an appendix highlights many of the top bouldering destinations all over the world. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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