



Sacred Joy: Remembering Who You Really Are (Paperback)

By Paul Rafael

Paul Rafael, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.None of us came here on earth to suffer, struggle and fight with Life. Yet so many of us do. The human experience is often trying, challenging and rough but we still carry on. Why? Who is struggling? What if it was never really about the why but more about the Who ? Who is asking? Who are we really? This book does not pretend to answer these queries. It simply wishes to help one remember that maybe in the asking lies already the answer. Through the intimate sharing of his inner transformation, Paul Rafael offers guidance on how to remember that embodied spirituality is an everlasting sacred dance. Dancing with our humanness is always one available path that can help us reconnect with our core essence. It is offered to help anyone - who feels ready - to know that Life was never meant to be a pain management experience. Being human can also be the celebration of a sacred dancing mystery. With authenticity, warmth and empathy, the author relates Ancient wisdom in modern terminology, which has often been misunderstood or misconstrued. Paul...



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Reviews

This composed pdf is excellent. It really is basic but excitement in the 50 % in the book. Your lifestyle span will likely be change when you comprehensive looking at this book.

-- **Tom Fisher**

This written publication is wonderful. It is rally fascinating through reading period. I discovered this book from my dad and i suggested this publication to find out.

-- **Keshaun Daugherty**