



Empath: Highly Sensitive Person's Handbook for Mastering Your Gift, Setting Your Boundaries Thriving in a Chaotic World (Paperback)

By Rozella Hart

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Your Best Life as an Empath Is Available Now! Are you overcome by feeling the emotions of those around you as a highly sensitive person? Do you struggle to cope with how overwhelming your friendships and relationships can be? If so, The Empath: Highly Sensitive Person's Handbook for Mastering Your Gift, Setting Your Boundaries Thriving in a Chaotic World is THE book for you! It covers all you need to know to THRIVE as an Empath and Sensitive! As an Empath you have been blessed with the ability to feel what others feel and know what they are experiencing. More than just a psychic ability, this highly sensitive person's gift is the key to creating peace and harmony in the world around you. It can also help you to build the life that you have always wanted, full of depth and meaning. But you need to learn how to use it first! According to some studies, about 1 in 5 people is more emotionally sensitive than the regular population. This means that at least 1 in 5 people has the empath...



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Reviews

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