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HOW TO CLICK



Paperback. Book Condition: New. Not Signed; Trevor Silvester is a Harley Street hypnotherapist and couples coach of over twenty years experience. In *How to Click* he teaches you how to build on your confidence, relax, and be yourself on dates. By building on simple steps, you will learn how to be more confident, and read the non-verbal signs to find love. Going on a date? Hijacked by a nervous version of yourself? Trevor Silvester shows you how to avoid pitfalls...

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