


[DOWNLOAD](#)


Depression 101

By C. Emily Durbin

Springer Publishing Co Inc, United States, 2014. Paperback. Book Condition: New. New.. 203 x 127 mm. Language: English . Brand New Book. Depression, often referred to as the common cold of psychopathology, is among the most prevalent psychiatric conditions, yet it remains challenging to understand and treat. Depression 101 provides a reader-friendly overview of unipolar and bipolar depression and provides the most current and intriguing scientific knowledge on this topic. Unique in its transdisciplinary and lifespan approaches to depression, the text explicitly integrates models of depression across childhood, adolescence, and adulthood. Depression 101 establishes an organisational framework for understanding the multiple pathways that can lead to depression. It describes the fundamental distinctions between unipolar and bipolar disorders, and provides a model for understanding of mood disorders on a continuum of severity. The text illuminates how such major psychology disciplines as clinical, developmental, evolutionary, personality, and behavioural neuroscience shed light on the causes, risk factors, and treatment options for the full spectrum of depressive disorders. Cultural and gender as variables are examined as is depression across the lifespan. Additionally the text clarifies common misconceptions about depression and mood disorders, and considers how the recently-released DSM-5 affects diagnostic practice.



[READ ONLINE](#)
[9.27 MB]

Reviews

This publication may be really worth a go through, and a lot better than other. It really is full of knowledge and wisdom Its been printed in an exceptionally easy way in fact it is simply after i finished reading this publication by which basically modified me, affect the way i really believe.

-- **Troy Dietrich DDS**

Complete guide! Its such a good go through. It is rally fascinating throgh reading period of time. Its been written in an extremely basic way and is particularly only after i finished reading through this publication through which really changed me, change the way i really believe.

-- **Mrs. Macy Stehr**