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The Irresistible Introvert: Harness the Power of Quiet Charisma in a Loud World (Paperback)

By Michaela Chung

Skyhorse Publishing, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book. Learn the tools to shed your mask of extroversion, develop your own magnetism, and reveal the true you. One third to one half of Americans are introverts in a culture that celebrates--even enforces--an ideal of extroversion and a cult of personality. Political leaders are charismatic, celebrities bask in the spotlight, and authority figures are assertive. It is no surprise that a quiet revolution has begun to emerge among the invisible half of the population, asserting that they are just as powerful in their own unique ways. The Irresistible Introvert embodies the spirit of this revival and breaks down the myth that charisma is reserved for extroverts only. This mini manifesto shows introverts how to master the art of quiet magnetism in a noisy world--no gregariousness required! Within these pages, you ll discover how to shed the mask of extroversion and reveal a more compelling (and authentic) you. You ll also learn how to: * Master the inner game of intrigue * Manage your energy for optimal engagement * Create an emotional ecosystem for charisma * Establish introverted intimacy * Cultivate communication skills for quiet types As...



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Reviews

Very helpful to all category of individuals. It is definitely simplified but surprises inside the 50 percent of your pdf. I am very happy to inform you that this is actually the very best pdf i have read in my very own lifestyle and may be he finest pdf for actually.

-- **Christelle Treutel**

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