Easy Granola Bar Recipe: Design Your Own Healthy Granola Bar



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Reviews

A fresh e-book with a brand new point of view. It really is packed with knowledge and wisdom Its been designed in an exceedingly simple way and is particularly simply following i finished reading this publication through which actually modified me, alter the way i really helieve

(Bernhard Russel)

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Simplefrugal Publishing. Paperback. Condition: New. 56 pages. Dimensions: 8.5in. x 8.5in. x 0.1in.Beautiful Full Color Photos and Step-by Step Instructions This isnt your ordinary bland oat-filled bar we are talking gourmet! This is a one of a kind designer recipe template with 13 original recipe ideas to inspire you to make your own perfect no-bake granola bar. You want a granola bar with just the right crunch and just the right chewiness. Check. You want one that doesnt have a lot oats, plenty of fruit (or no fruit at all), milk chocolate instead of dark, and a lot more nuts (or not)! Check. You want a bar that doesnt go to pieces when it is hot out so you can stuff it in your purse, your kids lunchbox or take it backpacking. Check. You can control ingredients for your food sensitivities (read: make it gluten-free). Check. You dont want to heat up the oven to do it! Check. And you want to know whats in the thing, too! Double check! I wanted a bar like that too which is why I developed the Easy Granola Bar Recipe. The first part of the book goes into the basic recipe template. You will learn how to prepare the sticky binder, you can add any possible combination of dry ingredients. Make it plain; make it fancy even make them gluten-free, if need be. Have it your way! Then add your favorite blend of dried and crunchy things like oats (or not), rice cereal, pretzels, nuts and seeds, even ready-made trail mix or granola. Also, add coconut and dried fruit like raisins, cranberries, blueberries you choose. To make them extra special, you can add yummy things like chocolate, coffee, spices and flavors. And so you dont head into uncharted waters alone, Ive included are...



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