



Golf Claves para principiantes y gente ocupada

By Andersen, Jorge Pérez

ALMUZARA EDITORIAL, 2015. Condition: Nuevo. El jugador de golf J.P. Andersen cubre un hueco notable entre las muchas lecturas dedicadas a este deporte: es el primer libro dirigido expresamente a animar a todos aquellos deseosos de iniciarse en esta disciplina y aconsejarles para mejorar su handicap. Estamos ante una guía práctica que nos acerca a las reglas del juego, a desenvolvemos con seguridad en el campo, a conocer el material necesario, las normas de etiqueta, las técnicas para practicarlo adecuadamente, a no demorar nuestro juego o conseguir el mejor golpe. Y refuerza aspectos esenciales para el golfista como la importancia de la rutina, el ritmo o el putt. Incluye consejos de estrategia y de preparación mental, así como la descripción de golpes de «recurso» que tanto principiantes como jugadores avanzados deberían controlar para mejorar de igual modo el juego corto y el juego largo. De un modo cercano y práctico, Golf. Claves para principiantes y gente ocupada es un manual igual de útil tanto para los golfistas ocasionales como para aquellos de mayor dedicación; en definitiva para todos los que deseen, de una forma amena y sencilla, aprender las estrategias que les permitan un rápido progreso en este apasionante deporte...



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