



## Medicinal Herbs: A Beginners Guide to Herbal Medicine for Everyday Health Problems (Paperback)

By MR Dermot Farrell

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Medicinal herbs are gaining popularity because of the failure of allopathic herbs to deliver the beneficial health results, which everyone is seeking. This is not to say that allopathic medicine doesn't work, but rather that it is not the panacea which we would all like to see. In reality restoring our health requires many different approaches, such as lifestyle and diet, but another great methodology is medicinal herbs. Dating back into antiquity, medicinal herbs can provide terrific relief from ill health and without the atrocious side effects, which often plague pharmaceutical medicines. Herbal remedies either cure or greatly alleviate every condition under the sun including: -Stomach aches -Indigestion -Constipation -Diarrhea -Cold and flu s -Cardiac ill-health -Liver health -Diabetes -Osteoarthritis -Cancerous growths -General feelings of ill-health -Mental-emotional ill-health -Skin and hair conditions Take any health condition and you will find an herb which will either cure it or reduce the intensity of the condition, especially when combined with other good health restorations strategies, such as lifestyle changes, diet, meditation and positive thinking. In the previous books in this series...



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