



The Zippered Heart

By Marilyn Meberg

Word Publishing,US, United States, 2002. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book. Why did I say that? Why did I do that? Where on earth did those mean thoughts and motivations come from? I m so glad no one can read my mind. We all get whiplashed and sometimes broadsided by the dark side of our nature, which produces thoughts and behaviors that cause us to feel ashamed. many of us deny that part of ourselves, and kick it off somewhere in the shadowy recesses of the heart, where we hope it will stay put, not cause us any more trouble, and hopefully not be noticed. In The Zippered Heart, Marilyn does a gentle exploration of those secrets and issues which, if denied, can rob us of the abundant life we are promised in Christ. God means for us to be whole. This book is an encouragement in that process. This book will change lives, because it requires that we look precisely at both the dark and the light sides of ourselves. Then it brings an overflowing grace and forgiveness. As a psychologist with thirty-five years of clinical experience, I can say that...

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