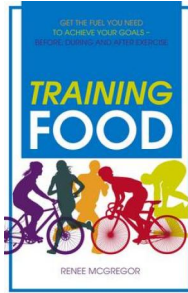


## Training Food : Get the Fuel You Need to Achieve Your Goals Before During And After Exercise



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