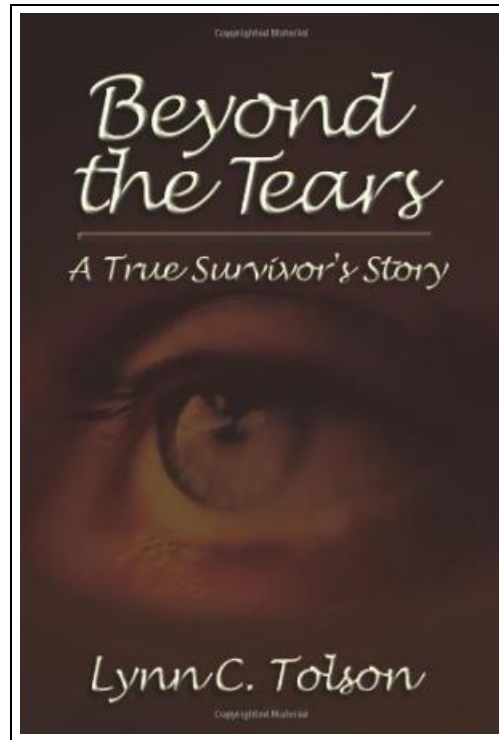


Beyond the Tears: A True Survivors Story



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Reviews

Comprehensive information! Its this sort of excellent read. I could possibly comprehended every little thing out of this published e pdf. You wont sense monotony at at any moment of your time (that's what catalogs are for about when you ask me).
(Prof. Mauricio Howe III)

BEYOND THE TEARS: A TRUE SURVIVORS STORY

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Authorhouse. Paperback. Condition: New. 306 pages. Beyond the Tears: A True Survivors Story is a memoir that begins with the suicide attempt of an abused and addicted twenty-five-year-old woman. In the aftermath, she commits to counseling to recover from anxiety and depression associated with post-traumatic stress disorder (PTSD). The author engages the reader in her private therapy sessions. The young woman reveals dysfunctional family relationships, including domestic violence, sexual abuse, and mental illness. Due to the therapeutic process, the woman discovers a path to love and the value of life, and she ultimately achieves a life that reflects health and happiness. In sharing this inspirational journey, the author provides a message of hope. Author Lynn C. Tolson appeals to the reader from the first paragraph of her powerful memoir Beyond the Tears: A True Survivors Story. Tolson uses creative non-fiction to tell her story, fascinating the reader with metaphor, prose, and poetry. Tolson tells her riveting story in first-person narrative, enabling the reader to instantly bond with her authentic voice. Readers can readily visualize the settings, plot, and characters due to the authors well-developed descriptions and dialogue. This is not an average auto-biography: the book combines story-telling with self-help, affirmations, meditations, and therapeutic concepts. Each chapter begins with a quote appropriate to the content, which gives the reader even more to contemplate. The topics challenge the reader to explore social problems within the context of family relationships. However, Tolson uses her clever wit to offer the reader occasional comic relief. Readers say that they simultaneously laughed and cried on the same page. Some readers say that reading the book literally changed their lives. In the authors own words: For nearly twenty years, I engaged in careers in retail, real estate and property management. Every working day left me feeling unfulfilled,...

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