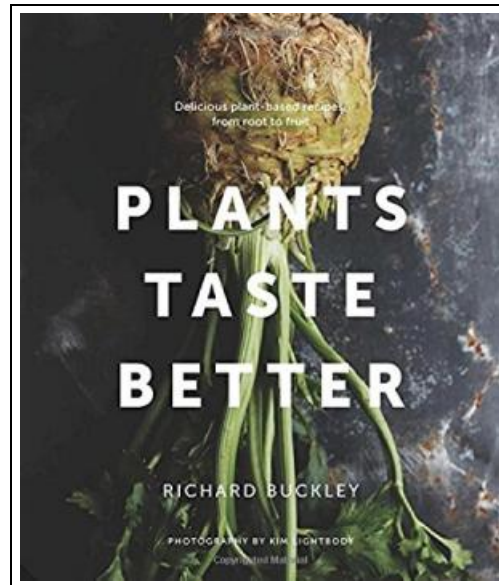


## Plants Taste Better



Filesize: 9.06 MB

### ***Reviews***

*Comprehensive guide for pdf fanatics. It is filled with knowledge and wisdom It is extremely difficult to leave it before concluding, once you begin to read the book.*

***(Valentin Thompson)***

## PLANTS TASTE BETTER



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Jacqui Small. Hardcover. Condition: New. 224 pages. Plants Taste Better is a plant-based recipe book that pushes the envelope in terms of showing you what you can accomplish in your kitchen when you combine center-staging vegetables, alongside a deeper understanding of the techniques required to make the ingredients shine. Between 60-70 mouth-watering and inventive recipes, written by the chef-proprietor of the award-winning vegetarian restaurant Acorn Vegetarian Kitchen in Bath, range from simpler dishes like split pea soup with salt baked celeriac and orange zaatar, to more involved dishes such as shredded beetroot slivers with aged cashew puree and lavender beetroot vierge, each one extols the culinary merits of plants. Many of the recipes also come with an explanation of the cooking principles used, to provide the reader with a knowledge base that will help make them a better cook. Cooking plants is a uniquely different art from cooking meat or fish it requires not only a solid grounding in traditional cooking techniques, but also a deeper understanding of new techniques specific to plant based cookery. Current plant-based books rarely, if ever, delve into the type of sophisticated cuisine that is available in cookbooks with meat and fish dishes. Plants Taste Better addresses this twofold: by introducing the reader to sixty-five top notch recipes that take vegetable cooking to a new level, and concomitantly sharing with them an understanding of how to cook by highlighting specific techniques in each recipe that will enhance their cooking prowess across the board. This highly accessible and gorgeously designed cookbook will provide that knowledge in a friendly and confident manner, with recipes designed for home cooking alongside ones especially adapted from the authors professional, award-winning kitchen. This is a beautifully-designed cookbook celebrates the culinary potential of plants with between 60-70 recipes, ranging from very simple...



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