



The Food Activist Handbook Big Small Things You Can Do to Help Provide Fresh, Healthier Food for Your Community

By Ali Berlow

Storey Publishing, LLC. Paperback. Condition: New. 320 pages. Dimensions: 0.0in. x 0.0in. x 0.0in. Small steps can create big changes in your community's food quality and food security, helping to get more healthy food to more people and support a better food system. Ali Berlow shows you dozens of things that anyone can do, from creating a neighborhood kitchen for preserving fresh food to mapping farmland, connecting food pantries with food producers, starting a school garden, and organizing a community composting initiative. Every action you take can help keep farmers on the land and family farms intact, keep money in the local economy, reduce the carbon footprint associated with food transportation, and preserve local landscapes. If you've had enough of E. coli scares, disappearing farmland, pesticide problems, and hunger in your community, this inspiring book will show you exactly how one person really can make a difference. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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