



Digging for Victory: Horticultural Therapy With Veterans for Post-Traumatic Growth

By Joanna Wise

Karnac Books. Paperback. Book Condition: new. BRAND NEW, Digging for Victory: Horticultural Therapy With Veterans for Post-Traumatic Growth, Joanna Wise, Horticultural Therapy is ideally suited to engage veterans alienated from traditional civilian healthcare routes who present with a range of complex and challenging healthcare needs. It presents, on the surface, as a deceptively simple and accessible activity. Carried out by trained professionals, it is an evidence-based, effective and cost-effective treatment. By targeting specific client-centred goals, it is able to integrate improved individual physical, emotional, cognitive and social outcomes with broader opportunities to transition successfully into civilian society through learning a valuable skill set and a meaningful occupation. This book provides a comprehensive introduction to the methods of Horticultural Therapy as applied to this unique client group. It describes the type of combat training and experiences veterans may have had, and sets out the common issues and pitfalls civilian therapists often face when working with the military. Looking to the future, it also identifies promising avenues in terms of how we may improve the treatment we offer to best serve the needs of these ex-service men and women who fight on our behalf.



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Reviews

Basically no words and phrases to describe. It is really simplified but unexpected situations in the fifty percent of your book. I am delighted to let you know that here is the very best publication i have got go through within my very own lifestyle and might be he greatest publication for actually.

-- **Watson Kohler**

A high quality pdf and also the typeface used was exciting to see. it absolutely was writtern really properly and useful. I am quickly could get a delight of looking at a composed pdf.

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