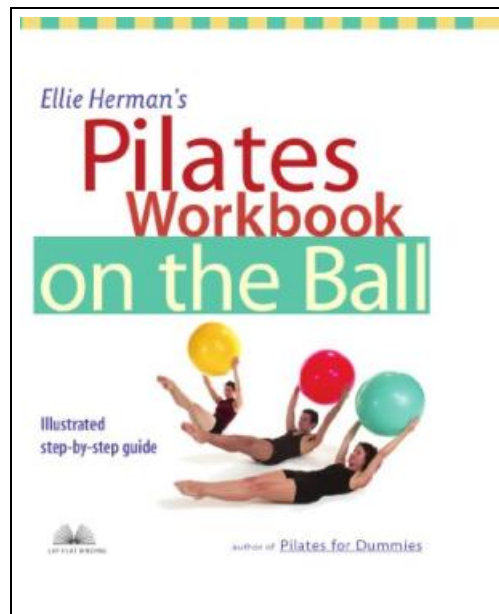


Ellie Herman s Pilates Workbook on the Ball: Illustrated Step-by-Step Guide (Paperback)



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Reviews

This book will never be easy to start on looking at but quite entertaining to read. It is actually packed with wisdom and knowledge It is extremely difficult to leave it before concluding, once you begin to read the book.
(Ms. Missouri Satterfield DVM)

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