



Walking with a Himayana Master Swami Rama

By Justin O' Brien

Full Circle, New Delhi, India. Softcover. Book Condition: New. This autobiography of an American yogi is the story of the training of a Western scholar by a unique Himalayan Master, one of the greatest yogis of the century. "A splendid spiritual memoir! A delightful experience for anyone longing for a glimpse into the life of a spiritual maser." - Publishers Weekly "This riveting book gives us a glimpse into the life and teaching of one this century's truly extraordinary yoga masters and also show that authentic discipleship is possible in the West." - Georg Feuerstein, Ph.D. "In Walking with a Himalayan Master Dr. Justin O'Brien exhibits the real relationship of a sincere disciple to a great guru." - Sri Swami Satchidananda "A Bengali proverb says, 'There are hundreds and thousands of gurus but to find a real disciple is truly rare,' Dr. O'Brien's account of how he became a disciple is a great contribution for spiritual seekers." - Shree Maa "I value your contribution to making Swami Rama's teaching better known to the public. He was trained in the arduous and austere discipline of the Himalayan yogis. His prowess in the yogi body controlled by the will gave him notoriety..."



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