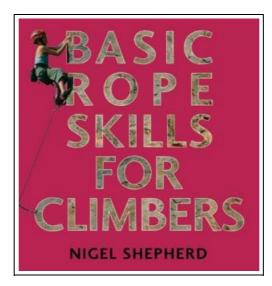
Basic Rope Skills For Climbers



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Reviews

Extensive guideline! Its this kind of good go through. Yes, it really is play, continue to an interesting and amazing literature. I am just pleased to inform you that this is basically the greatest book we have go through inside my own life and could be he greatest pdf for possibly.

(Madison Armstrong)

BASIC ROPE SKILLS FOR CLIMBERS



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Frances Lincoln, 2009. 9780711228665, 2009. Soft cover. Condition: New. NEW paperback. 128 pages. Illustrated throughout in colour. From the blurb: "Nigel Shepherd explains the basics of ropework in this handy guide, ideal both for those starting out climbing, and for more experienced climbers who want to introduce their friends and family to the sport. He covers basic kit, anchors and belaying, and techniques for top and bottom roping, trad and sport climbing, as well as abseiling, and teaches the use of knots, slings, nuts and camming devices, with extensive step-by-step photography.".

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