



Fat Free Forever!: A Believer s Triumph Over Obesity in 21 Days (Paperback)

By Deborah L Williams

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.You are looking at a book unlike any you have ever seen. In it, Deborah reveals the secret to permanent weight loss and its connection to our walk with God as a believer in Jesus Christ. Day by day, her words will help renew your mind and begin to change your self-image. It is a powerful book, full of life changing action steps. Do not underestimate the power of one simple action. Setting one in motion makes the kingdom of darkness quake. There are 21 days and every day has a different action. Look at yourself in the mirror right now and declare just one of them. Try this one on for size: Thank you LORD for giving me a strong beautiful body, which brings glory to You! Say it again, only this time declare it loudly with boldness! Thank you LORD for giving me a strong beautiful body, which brings glory to You! At first, you might feel silly. (Deborah did.) After repeating this about five times, you will start to realize, Hey, this just might make a difference in the...



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