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How to Wear Bare Feet (Paperback)

By Sue Regan Kenney

Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. You are being invited to return to nature. You may not have read the invite yet, but it s there at your feet! Feet are the foundation of our body. Our soles gift us with a direct connection to Earth s infinite healing powers; but when we wear shoes, they cut us off from nature, and impede proper foot function. In her book, Sue Kenney shares stories about her personal re-wilding journey to a barefoot lifestyle, while living in a cottage on the shores of Lake Couchiching. This book offers a common-sense approach to inspire you and coach you in integrating a barefooting practice in your life. You II better understand the benefits of earthing, enable more efficient movement of your body, engage an approach to anti-aging and improved posture, and you II return to a more natural state; the perfect antidote to the effects of civilization. Mother Earth Activation Each copy of How to Wear Barefeet has been taken to the forest in Muskoka, Canada to be blessed and activated by the Great Mother Earth. The books are carried to...



Reviews

The best book i actually read through. I have got read and so i am sure that i am going to going to read through yet again yet again down the road. You can expect to like the way the author compose this pdf.

-- Ludie Willms

If you need to adding benefit, a must buy book. It usually does not charge excessive. I realized this ebook from my dad and i suggested this publication to learn. -- Alec Veum

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A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)

Dover Publications, 2011. Paperback. Book Condition: New. No Jacket. New paperback book copy of A Dog of Flanders by Ouida (Marie Louise de la Ramee). Unabridged in easy to read type. Dover Children's Thrift Classic. Reprint of original edition. Green edition. Mineola...

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Bedtime Stories about Funny Monsters: Short Stories Picture Book: Monsters for Kids

Createspace, United States, 2014. Paperback. Book Condition: New. Michael Clary (illustrator). Large Print. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Entertaining and educational bedtime stories for kids with 25 COLORFUL ILLUSTRATIONS your children will love!...

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Passing Judgement Short Stories about Serving Justice

Isinglass Press. Paperback. Book Condition: New. Paperback. 102 pages. Dimensions: 9.0in. x 0.0in. x 0.3in.Passing Judgment is a compact collection of twelve short stories about people who deliver their own form of justice. These are tales about breaking the rules and seeking...

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Tales of Knights for Kids: Eight Short Fairy Stories about Knights for Children

Createspace, United States, 2011. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Eight short stories about knights are selected from several books of fairy tales for children. These tales are designed to...

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Fox Tales for Kids: Fifteen Fairy Stories about Foxes for Children

Createspace, United States, 2012. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Fifteen short stories about foxes are selected from several books of fairy tales from various sources. These tales are designed...

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Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. Dads Who KillWhat would drive a father to murder his own children? The idea of anyone killing a child, especially...